

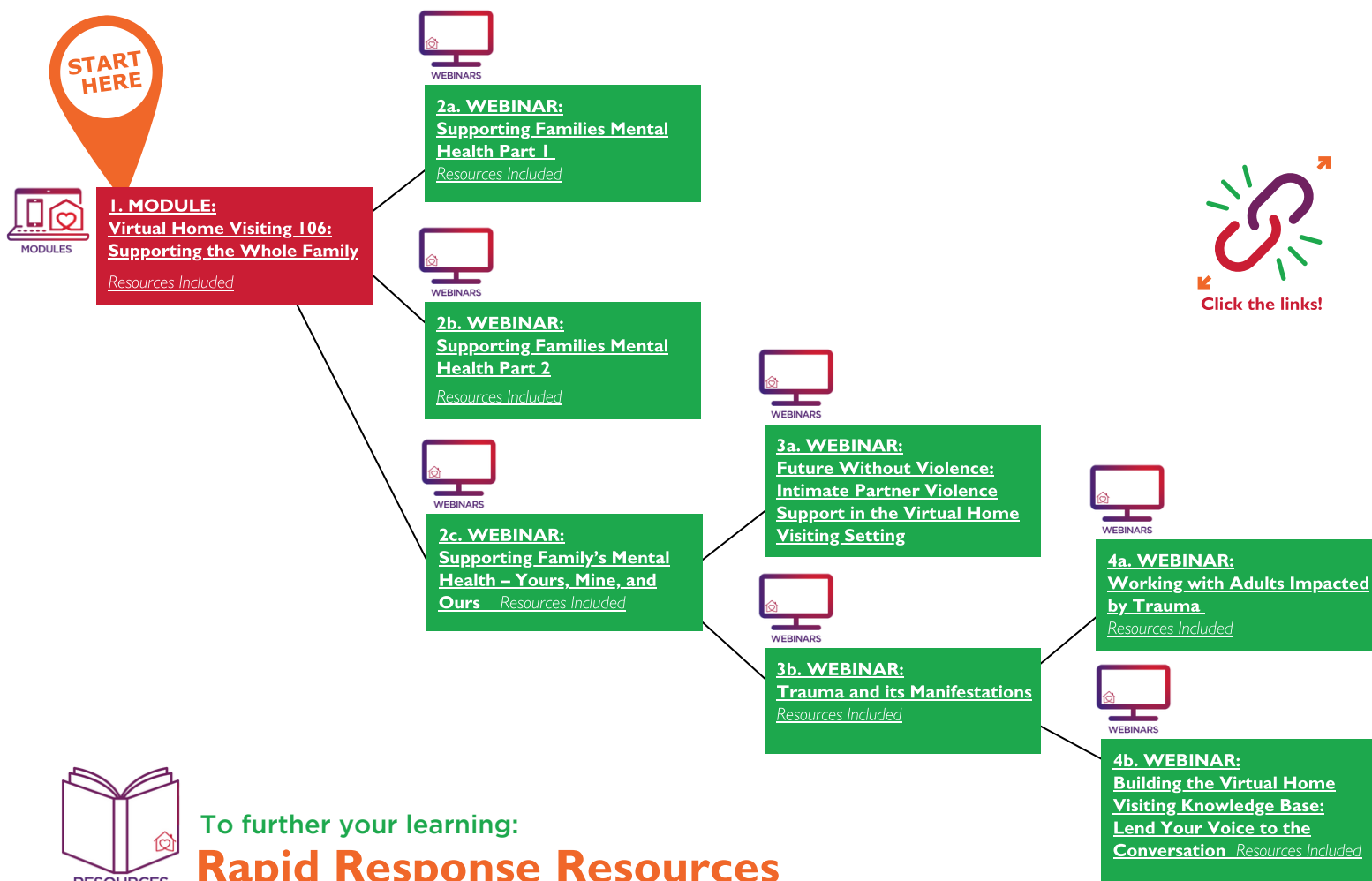


Rapid Response Home Visiting

Family Mental Health Learning Path

Throughout the Family Mental Health Learning Path, family service professionals will learn information and strategies, and hear about other's professional experiences promoting protective factors when families face trauma and toxic stress. This set of webinars and module identifies some trauma symptoms and how to work with adults experiencing trauma.

The following graphic depicts the self-directed Family Mental Health Learning Path. The path takes **up to 8 hours to complete** and learners self-select one to two module/webinar at each level. When selecting modules, please refer to the inventory of the module/webinar learning descriptions on the back of this sheet.



To further your learning: Rapid Response Resources

Virtual Vitality Resources: These resources are practices and principles that provide focusing, grounding, and calming practices. These practices are invitations to participate. Always listen to your body and mind and do what makes you comfortable.



Module & Webinar Descriptions



1. Module: Virtual Home Visiting 106: Supporting the Whole Family

This module provides information about supporting families virtually to meet needs outside the scope and model of a program. Learners will consider how adding virtual services to their community mapping expands opportunities for families and discover strategies for connecting families to resources virtually.



2a. Webinar: Supporting Families Mental Health Part 1

This webinar focuses on the possible impacts of COVID-19 on families' mental health and the subsequent effect on the parent-child relationship. The discussion will include ways home visitors can observe for implications and support the parent-child relationship during virtual home visits.



2b. Webinar: Supporting Families Mental Health Part 2

This webinar focuses on the possible impacts of isolation from the pandemic on families' mental health and the subsequent effect on the parent-child relationship through a virtual service delivery lens. The discussion includes ways home visitors can observe for implications and support the parent-child relationship during virtual home visits.



2c. Webinar: Supporting Family's Mental Health – Yours, Mine, and Ours

This webinar explores barriers to accessing mental health services. Learners will gather strategies for supporting mental health.



3a. Webinar: Future Without Violence: Intimate Partner Violence Support in the Virtual Home Visiting Setting

This webinar discusses challenges when screening for Intimate Partner Violence (IPV), especially during virtual service delivery. Presenters discuss the impact of the pandemic on intimate partner violence. Listeners are introduced to the CUES intervention and provided scripts that can be used with families.



3b. Webinar: Trauma and its Manifestations

This webinar focuses on trauma and how trauma manifests in individuals. The discussion topics include psychological trauma, its impact on relationships, and the home visitor's role when working with individuals impacted by trauma.



4a. Webinar: Working with Adults Impacted by Trauma

This webinar is the second part of a series on Trauma. Learners will focus on the core sensitivities and intervention goals while providing techniques for working with adults impacted by trauma.



4b. Webinar: Building the Virtual Home Visiting Knowledge Base: Lend Your Voice to the Conversation

This webinar discusses preventative healthcare and family wellness, professional support, stressors on home visitors (particularly family violence), and enrollment and engagement.

www.rapidresponsehomevisiting.org

