

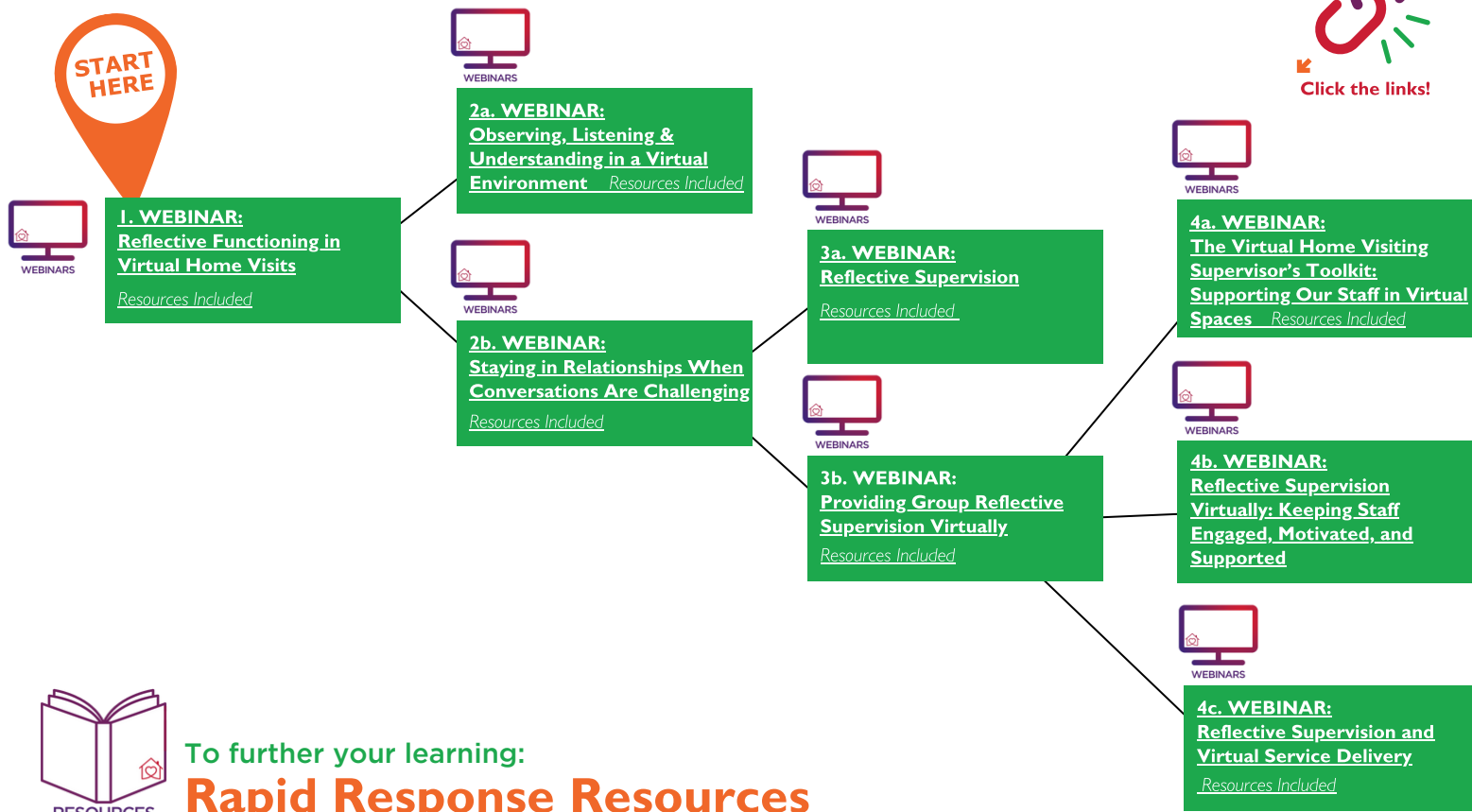


Rapid Response Home Visiting

Virtual Reflective Practice Learning Path

Throughout the Virtual Reflective Practice Learning Path, family service professionals will learn information and strategies, and hear about other's professional experiences with reflective practice in a virtual setting.

The following graphic depicts the self-directed Virtual Reflective Practice Learning Path. **The path will take 4 to 8 hours to complete.** Learners self-select one to two modules/webinars at each level. When selecting modules in this learning path, refer to the descriptions on the back of this sheet.



Virtual Vitality Resources: These resources are practices and principles that provide focusing, grounding, and calming practices. These practices are invitations to participate. Always listen to your body and mind and do what makes you comfortable.

IAFSP Virtual Home Visiting: Supervisor's Toolkit: This resource provides information for supervisors about providing home visiting services virtually. Learners will find reflections, tips, guidance, and inspiration alongside tools such as decision trees, templates, and questionnaires to support learners in exploring and strengthening the use of virtual home visiting services.



Module & Webinar Descriptions



1. Webinar: Reflective Functioning in Virtual Home Visits

This webinar provides an overview of reflective functioning and why it matters. High levels of Reflective Functioning in caregivers are associated with better outcomes for children. Learners will explore the various levels of caregivers' reflective functioning and share ideas about how to enhance reflective functioning during virtual home visits. In addition, participants will have an opportunity to practice rating reflective functioning using vignettes.



2a. Webinar: Observing, Listening & Understanding in a Virtual Environment

This webinar describes observations and considers the differences between expected developmental disorganization and concerns. Learners gather strategies to engage families in conversations about their child's progress throughout the developmental process.



2b. Webinar: Staying in Relationships When Conversations Are Challenging

This webinar explores themes of challenging conversations. Learners will identify what makes a conversation challenging and learn relationship-based strategies to support providers during conversations.



3a. Webinar: Reflective Supervision

This webinar explores the core elements of reflective supervision through the lens of a virtual approach. Presenters discuss essential considerations, concrete strategies, and suggestions for creating a regular, reflective, and collaborative approach. (Content in the webinar is incorporated in IAFSP Supervisor Toolkit)



3b. Webinar: Providing Group Reflective Supervision Virtually

This webinar describes strategies for providing group reflective supervision virtually.



4a. Webinar: The Virtual Home Visiting Supervisor's Toolkit: Supporting Our Staff in Virtual Spaces

This webinar describes the Virtual Home Visiting Supervisor's toolkit. Presenters discuss how to support the transfer of learning between supervisors and providers.



4b. Webinar: Reflective Supervision Virtually: Keeping Staff Engaged, Motivated, and Supported

This webinar explores the topic of reflective supervision in virtual home visiting. Learners will gather concrete strategies from program supervisors and managers to help keep staff engaged, motivated, and supported.



4c. Webinar: Reflective Supervision and Virtual Service Delivery

This webinar discovers the fundamentals of reflective supervision and how those relationship-based strategies have been transitioned to the virtual setting. Learners will gather concrete techniques from program supervisors and managers to help keep staff engaged.

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