



Rapid Response Home Visiting The Learning Pathway

In partnership with the Healthy Start TA & Support Center at NICHQ, Rapid Response Home Visiting is pleased to present the Virtual Home Visiting Learning Pathways.

These 17 paths are designed to equip learners with knowledge and strategies to implement virtual home visiting services. Each path consists of a variety of modules, webinars, and resources, and takes between 4-8 hours to complete. For each pathway completed, learners will earn a Virtual Home Visiting Digital Badge.



Earn Your Virtual Home Visiting Digital Badge!

This badge represents the attainment of key knowledge and strategies needed to implement virtual home visiting services. Digital badges are an online representation of skills gained. Like badges sewn onto clothing, they represent skills earned. Each badge is unique to the user who earned it and can be verified by any organization.



Rapid Response Resources

Virtual Vitality Practices: These resources are 16 practices that provide focusing, grounding, and calming practices.

IAFSP Virtual Home Visiting: Supervisor's Toolkit: This resource provides information for supervisors about providing home visiting services virtually. Learners will find reflections, tips, guidance, and inspiration alongside tools such as decision trees, templates, and questionnaires to support learners in exploring and strengthening the use of virtual home visiting services.

Supporting Rural, Frontier, and Tribal Home Visiting: In this video you will hear from professionals across the United States how they are supporting families in rural, frontier, and tribal home visiting. In the attached resource document you will find a list of strategies to consider in your work supporting families through the lens of the Strengthening Families Protective Factor Framework.

Rural Home Visiting Resource Guide: This guide is the result of the contributions of home visiting models and programs across the United States during a time of great need. The COVID-19 pandemic has not only put vulnerable families under even more stress, but it is also impacting family support professionals, their families, and their communities. Trying to serve vulnerable families while dealing with their pressures has called on the resilience of family support professionals to adapt their practice to a new, virtual environment.

Webinar & Module Descriptions

The webinars and modules listed below are included in the RRHV Learning Paths.



1. Webinar: Ask the Pediatricians: COVID Vaccinations for Children

This webinar presents vaccination information for children. Dr. Mishelle Nace, pediatrician, will answer questions about vaccinations.



2. Webinar: Ask the Doctors: What We Have Learned About COVID Vaccinations for Pregnant Women and Children

This webinar presents vaccination information for children. Dr. Torri Metz, Obstetrician, and Dr. Mishelle Nace, Pediatrician, will answer questions about vaccinations for pregnant women and children. Learners will also receive resources for speaking to families about vaccinations.



3. Webinar: ASQ-3 Expert Q & A Session-Just for Home Visitors

This webinar is a question-and-answer session with Brookes Publishing experts sharing strategies for using the ASQ-3 in a virtual environment.



4. Webinar: Attachment and Executive Functioning in Virtual Home Visits

This webinar explores the essential skills that support executive functioning, paying particular attention to the connection between attachment and executive functioning and how to support and scaffold these skills in caregivers, particularly during virtual visits.



5. Webinar: Attachment and Observation in Virtual Home Visiting

This webinar reviews why attachment matters, common attachment behaviors at different ages, and attachment functions. It explores how to notice attachment behaviors such as gaze, affect, proximity, and touch within a virtual and phone-only visit. Ideas and activities provide professionals with ways to strengthen parenting interactions



6. Webinar: Beyond Self-Care: Personal Support Activities to Ground Your Virtual Service Delivery

This webinar focuses on personal support activities and goes deeper to explore some self-compassion and mindfulness activities. In this webinar, learners will gather strategies to care for themselves, their families, and others with grounding, reflection, and breathing exercises.



7. Webinar: Building the Virtual Home Visiting Knowledge Base: Lend Your Voice to the Conversation

This webinar discusses preventative healthcare, family wellness, professional support, stressors on home visitors (particularly family violence), and enrollment and engagement.



8. Webinar: California (CA) Staff Training and Support Through Virtual Connections

This webinar explores strategies for staff support, from onboarding to staff training and ongoing supervision.



9. Webinar: California Virtual Groups

This webinar series is presented by the California home visiting providers in the First 5 Associates and the Rapid Response Virtual Home Visiting project.

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The webinars and modules listed below are included in the RRHV Learning Paths.



10. Webinar: Continuing to Support Families Virtually

This webinar will explore strategies for program staff as they continue to support families virtually. Hear from providers who are engaging with families in virtual visits and groups. Learn about the unique opportunities and special considerations they have encountered in their virtual work.



11. Webinar: Creating a More Holistic Practice Through Mindful Self-Compassion

This webinar describes ways to create time and space to explore mindful self-compassion practices. Learners will gather individual and group strategies that providers can utilize in their day-to-day work.



12. Webinar: Creating Intentional Joy in Work as a Team

This webinar focuses on Joy in Work and opportunities to embed it into quality improvement strategies. Learners will discover examples where teams implement Joy in Work practices.



13. Webinar: Designing a Virtual Service Delivery Environment

This webinar describes key design elements of an optimal virtual workspace environment.



14. Webinar: Encouraging Parent-Child Interaction to Support Development

This webinar clarifies the role of home visitors in enhancing parent-child interactions. Presenters focus on the significance of parental involvement in early learning and development and explore parent-child interaction strategies that promote language and social-emotional development.



15. Webinar: Engaging Families in Virtual Visits: A Protective Factor's Approach

This webinar focuses on engaging families virtually and building protective factors during increased stress and isolation. Learners will gather virtual strategies and techniques for engaging families using the Strengthening Families Protective Factors Framework.



16. Webinar: Engaging Fathers Virtually

This webinar presents strategies that can increase effectiveness in supporting father engagement virtually.



17. Webinar: Enrollment and Consent

This webinar explores the considerations and strategies for managing the core elements of enrollment through interactive video conferencing (IVC) or phone calls. Presenters describe the process of readying new families for virtual service delivery as a part of the enrollment process.



18. Webinar: Father Engagement Through Parent-Child Interactions

This webinar presents strategies from providers who are engaging with fathers virtually. Learners will hear from family support professionals about the unique opportunities and special considerations they have encountered in their work as they modeled and supported parent-child interactions with fathers and their children.



19. Webinar: Future Without Violence: Intimate Partner Violence Support in the Virtual Home Visiting Setting

This webinar discusses challenges when screening for Intimate Partner Violence (IPV), especially during virtual service delivery. Presenters discuss the impact of the pandemic on intimate partner violence. Listeners are introduced to the CUES intervention and provided scripts that can be used with families.

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20. Webinar: Hiring and Onboarding Virtually

This webinar describes opportunities and special considerations when hiring and onboarding staff virtually.



21. Webinar: Honing Your Skills in Virtual Home Visiting? Tools to Support Your Practice

This webinar describes the virtual home visiting modules that were created to hone your skills in providing an array of services in a way that promotes responsiveness and flexibility with families. Learners reflect on their learning journey in virtual home visiting, explore how to transfer learning to practice, and learn how to earn a free home visiting credential.



22. Webinar: Hybrid Home Visitation: What To Let Go and What to Keep

This webinar discusses utilizing new and different virtual formats to provide services to families. Learners will explore strategies for successful hybrid home visitation.



23. Webinar: I Can Parent Too! Engaging Virtually with Families Who Learn Differently

This webinar includes an overview of the original I Can Parent, Too! training, including reflecting on attitudes in working with parents that may have cognitive delays, disabilities, or learn differently and on barriers home visitors face, including training, resources, and ongoing support. Learners explore how to support a family virtually, discuss challenges, and use the virtual means available to us to continue engaging families.



24. Webinar: Involving and Engaging Fathers through Home Visiting

This webinar describes father involvement and how home visitors can engage with fathers.



25. Webinar: Integrating Mindful Self-Compassion Practice in Home Visiting

This webinar focuses on the importance of mindful self-compassion and how it can benefit personal and professional lives. Learners will explore mindful self-compassion practices for daily life and learn techniques that can be used and shared with peers and families.



26. Webinar: Maintaining and Building Staff Relationships Virtually

This webinar describes ways to create comfortable virtual spaces for teams. Learners will explore strategies that support the parallel process of staff and family well-being. Learners will discover techniques individual programs can implement to maintain and build staff relationships virtually.



27. Webinar: Managing a Caseload While Supervising in Home Visiting

This webinar explores the potential challenges of maintaining a caseload while in a supervisory role. Learners will gather strategies to prevent burnout while supporting staff and professional development.



28. Webinar: Navigating Separation Anxiety

This webinar focuses on the ways families navigate separation anxiety in young children. Learners explore strategies to use when families have questions and seek new ideas.



29. Webinar: Observing, Listening & Understanding in a Virtual Environment

This webinar explores what it means to observe, listen, and understand families in a virtual service delivery environment.

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Webinar & Module Descriptions

The webinars and modules listed below are included in the RRHV Learning Paths.



30. Webinar: Observing and Understanding Development During Home Visits

This webinar focuses on family support professionals' observations and considers the differences between expected developmental disorganization and concerns. Learners will gather strategies to engage families in conversations about their child's progress throughout the developmental process.



31. Webinar: Parent-Child Groups in Virtual World

This webinar discusses the opportunities and special considerations when preparing to launch and facilitate parent-child groups. Learners will discover ways to use virtual parent-child groups to continue to strengthen parent-child relationships.



32. Webinar: Parent-Child Interaction (PCI) Part I: Observing & Listening in the Virtual Environment

This webinar explores methods for observing, listening, and understanding families in a virtual service delivery environment. The content includes telephone and interactive video conference (IVC) delivery mechanisms. Learners will discover strategies for leveraging daily routines and opportunities to initiate positive parent-child experiences within a virtual service delivery approach. (Content from this webinar informed the development of IAFSP Module 104)



33. Webinar: Parent-Child Interaction (PCI) Part 2: Supporting Interactions and Learning in the Virtual Environment

This webinar shares virtual strategies for supporting parents/caregivers in strengthening their interactions with their children. These strategies include the use of observations of routines and play to inform support for sustaining parents' interactions with their children. Both telephone and interactive video conferencing methods will be addressed. (Content from this webinar informed the development of IAFSP Module 104)



34. Webinar: Parent Groups in a Virtual World

This webinar discusses barriers and opportunities they have encountered when facilitating virtual parent groups. Learners will discover how to use virtual groups to bridge connections with families.



35. Webinar: Program Recruitment and Enrollment Virtually

This webinar discusses strategies to support program recruitment and enrollment virtually. Program recruitment and enrollment look and feel different in virtual and in-person environments.



36. Webinar: Providing Group Reflective Supervision Virtually

This webinar describes strategies for providing group reflective supervision virtually.



37. Webinar: Reflective Functioning in Virtual Home Visits

This webinar provides an overview of reflective functioning and why it matters. High levels of Reflective Functioning in caregivers are associated with better outcomes for children. Learners will explore the various levels of caregivers' reflective functioning and share ideas about how to enhance reflective functioning during virtual home visits. In addition, participants will have an opportunity to practice rating reflective functioning using vignettes.

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38. Webinar: Reflective Supervision

This webinar explores the core elements of reflective supervision through the lens of a virtual approach. Presenters discuss essential considerations, concrete strategies, and suggestions for creating a regular, reflective, and collaborative approach. (Content in the webinar is incorporated in IAFSP Supervisor Toolkit)



39. Webinar: Reflective Supervision and Virtual Service Delivery

This webinar discovers the fundamentals of reflective supervision and how those relationship-based strategies have been transitioned to the virtual setting. Learners will gather concrete techniques from program supervisors and managers to help keep staff engaged.



40. Webinar: Reflective Supervision Virtually: Keeping Staff Engaged, Motivated, and Supported

This webinar explores the topic of reflective supervision in virtual home visiting. Learners will gather concrete strategies from program supervisors and managers to help keep staff engaged, motivated, and supported.



41. Webinar: Responding to Developmental Disorganization

This webinar describes how regression differs from a developmental delay and what may be typical regressions in times of stress. Listeners will gain ways to use developmental regressions as an opportunity to join with families during these moments of vulnerability and build on their resilience.



42. Webinar: Screening in Virtual Visits

This webinar focuses on the unique challenges and strategies for completing screenings through virtual visits. Presenters will discuss the following screening types: developmental, depression, intimate partner violence, and substance use. (Content in the webinar is incorporated in IAFSP Module 105)



43. Webinar: Self-Care: Strategies to Regulate & Recharge in Times of Stress

This webinar describes self-care practice through the lens of Protective Factors. Learners will gather strategies they can implement to regulate stressors and recharge.



44. Webinar: Staying in Relationships When Conversations are Challenging

This webinar explores themes of challenging conversations. Learners will identify what makes a conversation challenging and learn relationship-based strategies to support providers during conversations.



45. Webinar: Supporting Families Mental Health Part 1

This webinar focuses on the possible impacts of COVID-19 on families' mental health and the subsequent effect on the parent-child relationship. The discussion will include ways home visitors can observe for implications and support the parent-child relationship during virtual home visits.



46. Webinar: Supporting Families Mental Health Part 2

This webinar focuses on the possible impacts of isolation from the pandemic on families' mental health and the subsequent effect on the parent-child relationship through a virtual service delivery lens. The discussion includes ways home visitors can observe for impacts and support the parent-child relationship during virtual home visits.

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Webinar & Module Descriptions

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47. Webinar: Supporting Mental Health – Yours, Mine, and Ours

This webinar explores barriers to accessing mental health services. Learners will gather strategies for supporting mental health.



48. Webinar: Taking Care of You

This webinar offers an opportunity to learn about self-care. The focus is on mental health by considering professional needs in self-care and mindfulness.



49. Webinar: Taking Care: Strategies to Make it a Reality

This webinar describes self-care and mindfulness activities, which can be used individually or applied to family engagement practices. Learners will gather strategies for professional group support that have successfully met home visiting staff needs.



50. Webinar: Team Engagement: From Hiring to Sustainability

This webinar reflects on staff engagement during the pandemic and the “Great Resignation,” which considers strategies for engaging new candidates, lessons learned from onboarding remotely, and keeping a team motivated as our communities of practice keep evolving in home visiting.



51. Webinar: The Virtual Home Visiting Supervisor’s Toolkit: Supporting our Staff in Virtual Spaces

This webinar describes the Virtual Home Visiting Supervisor’s toolkit. Presenters discuss how to support the transfer of learning between supervisors and providers.



52. Webinar: Trauma and its Manifestations

This webinar focuses on trauma and how trauma manifests in individuals. The discussion topics include psychological trauma, its impact on relationships, and the home visitor’s role when working with individuals impacted by trauma.



53. Webinar: Using ASQ3 in a Virtual Environment

This webinar describes how to administer developmental screening in a Virtual Environment.



54. Webinar: Using Protective Factors to Navigate Home Visiting Relationships (4c)

This webinar describes utilizing the Protective Factor Framework to support working relationships. Learners will find ways supervisors can nurture working relationships and strategies for strengthening staff relational health.



55. Webinar: Virtual Visit Readiness

This webinar describes the basics of using different types of technology to connect with families. Learners will reflect on their readiness to deliver virtual services and identify technology and equipment essentials.



56. Module: Virtual Home Visiting 101: Service Delivery Overview

This module introduces learners to virtual home visiting service delivery through an array of approaches, including interactive video calls (IVC) and phone. The module provides guidance for tailoring the service delivery approaches used to the needs of the family and community. The module also introduces strategies for self-care.

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57. Module: Virtual Home Visiting I02: Preparing Yourself and Families

This module instructs Family Service Professionals on how to prepare their technology and environment and enroll families for virtual services, whether delivered by phone, interactive video software or both. The module includes information about making the initial contact virtually, establishing relationships with families, and virtually enrolling families.



58. Module: Virtual Home Visiting I03: Engaging Families

This module provides information about engaging families in virtual services. The learner will explore the importance of reflecting on personal attitudes, building relationships, managing technology, checking in with parents, monitoring emotional energy, and adjusting plans as needed.



59. Module: Virtual Home Visiting I04 Facilitating Parent-Child Connections

This module explores how to observe the child, the parent, and the environment through interactive video calls and telephone to support parent-child connections. The module will also discuss strategies for strengthening and sustaining parents' interactions with their children.



60. Module: Virtual Home Visiting I05 Screening and Assessment

This module describes the unique challenges, opportunities, and strategies for completing child and adult screenings through virtual visits. It covers the Family Support Professional's role in preparing the parent, administering the screening, sharing results, and following up.



61. Module: Virtual Home Visiting I06: Supporting the Whole Family

This module provides information about supporting families virtually to meet needs outside the scope and model of a program. Learners will consider how adding virtual services to their community mapping expands opportunities for families and discover strategies for connecting families to resources virtually.



62. Webinar: Working with Adults Impacted by Trauma

This webinar is the second part of a series on Trauma. Learners will focus on the core sensitivities and intervention goals while providing techniques for working with adults impacted by trauma.

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